



Clothing – basic guide

Protective clothing should only be used for the purpose intended. It should be maintained in good condition and checked regularly; being repaired or discarded if damaged. Any clothing which protects against a specific risk to health and safety is subject to EN Standards.

See sizing guide overleaf.

HIGH VISIBILITY

Our High Visibility range of clothing is fully certified and tested to **EN 471**, **EN 343** and **EN 1150** standards.

CORPORATE BRANDING

Personalisation of garments with your company Logo is available at minimal cost. This can be done using embroidery, heat-seal transfers or screen print.

Embroidery is durable, neat and adds perceived quality to your image. Suitable for most garments and will stand industrial laundering.

Heat-seal Transfers are durable and are applied to the garment using a heat press. There is a vast range of transfer types available including flame retardant and industrial launderable. The beauty of transfers is that your logo can be reproduced in superb definition.

Screen Printing is an economical method of printing large quantities of garments. This method is not recommended for all garment types.

STAFF-PAK

To assist you in the distribution of your clothing we offer you our bespoke Staff-Pak ordering system. Customers are able to simply place orders online for each employee's requirements which will be individually packed and delivered direct to your chosen delivery point. An added benefit of this is having direct online access to detailed usage reports which can be by individual branch/department or even by employee.

Speak to our sales team about using this facility for your next clothing order!



SIZING GUIDE

Conversions can look confusing, especially Euro sizes. Carefully select the required section from the margin and the rest should be easy.

Sizes do vary between brands. Information is for guidance only. We recommend sizing samples especially when garments will be logoed, as these are non-returnable.

Label		S	M	L	XL	2XL	3XL									
General Size Guide	To fit (inches)	36-38		40	42-44		46	48	50-52							
	Recommended Inch/Euro: WAIST	Inches	30	32	34	36	38	40	42	44	46					
		Euro (standard)	C44	C48	C50	C52	C54	C56	C58	C60	C62					
		Euro (tall)	C148		C150	C152	C154	C156	C158							
Recommended Inch/Euro: CHEST	Inches	36	38	40	42	44	46	48	50							
	Euro	C46	C48	C50	C54	C56	C58	C60	C62							
Actual Euro Sizes	STANDARD	Size	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62				
		Waist (inches)	30	31½	33	34½	36	38	40	42½	45	47				
		Chest (inches)	34½	36	38	39½	41	42½	44	45	47	49				
		Inside Leg (inches)	30	31	31½	32	32	32½	33	33	33	33				
	TALL	Size	C146	C148	C150	C154	C156	C158	C160	C62						
		Waist (inches)	31½	33	34½	36	38	40	42½	45	47					
		Chest (inches)	36	38	39½	41	42½	44	45	47	49					
		Inside Leg (inches)	33	33½	33½	34	34½	35	35							
	SHORT	Size	D100	D104	D108	D112	D116	D120								
		Waist (inches)	37	38½	40½	42½	45	47½								
		Chest (inches)	39½	41	42½	44	45½	47½								
		Inside Leg (inches)	30	30½	31	31½	32	32								
Centimetres to Inches (approx)	Centimetres	76	80	84	88	92	96	100	104	108	112	116	120	124	132	140
	Inches	30	30½	33	34½	36	38	39½	41	42½	44	45½	47½	49	52	55
Inches to Centimetres (approx)	Inches	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56
	Centimetres	71	76	81	86	91	96	102	107	112	117	122	127	132	137	142

It is advisable to take loose-fit body measurements over light clothing. Allowance has been made in the garment design for a good fit and freedom of movement.

- > **For chest/bust:** measure across fullest part, standing at ease
- > **For waist:** remove belt and measure over trouser waistband
- > **For inside leg:** measure from crotch of correctly fitting trousers to hem, or from crotch to desired length